

ONTARIO BIOLOGICS RESEARCH INITIATIVE

Thank you for participating in Ontario Biologics Research Initiative (OBRI)

Research has shown that a patient's ability to track changes in their disease activity may, in fact, improve their health. During your participation in OBRI, your telephone interviewer will summarize the information you provide during each telephone assessment in a Point of Care report.

You and your rheumatologist will receive this follow-up report every 6 months outlining the changes in your disease activity since you first started participating in OBRI. These reports will help you and your rheumatologist monitor and track changes in your arthritis and the effect on your overall health.

In this package you will find:

- ❑ Point of Care Report Interpretation Guide with an example of a point of care report.
- ❑ *Your own* Follow-up Point of Care Report

If you have any questions regarding your Point of Care report or about your participation in OBRI, please do not hesitate to contact your rheumatologist or us directly, using the information provided below.

Sincerely,

OBRI Team

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Interpreting your Point Of Care Report

This report summarizes the information you provided to your OBRI interviewer at your telephone assessments. This report outlines the changes in your disease activity since your first started participating in OBRI. Each section is explained.

You can now see changes in your health status at different time intervals.

0 = First OBRI Assessment
3M = Score at 3 months after enrolling in OBRI
6M = Score at 6 months after enrolling in OBRI

Health Assessment Questionnaire (HAQ)

The HAQ score is broken down into 8 areas of activity (dressing, arising, eating, walking, hygiene, reach, grip, and common daily activities). The more things you *can do*, the lower your score.

Your HAQDI or HAQ Disability Index is a score that displays how much your arthritis interferes with your ability to do daily activities overall.

Pain Scale

Your Pain Scale displays how affected you are by pain because of your arthritis on a scale of 0 (no pain) to 10 (severe pain)

Global Assessment of Disease Activity

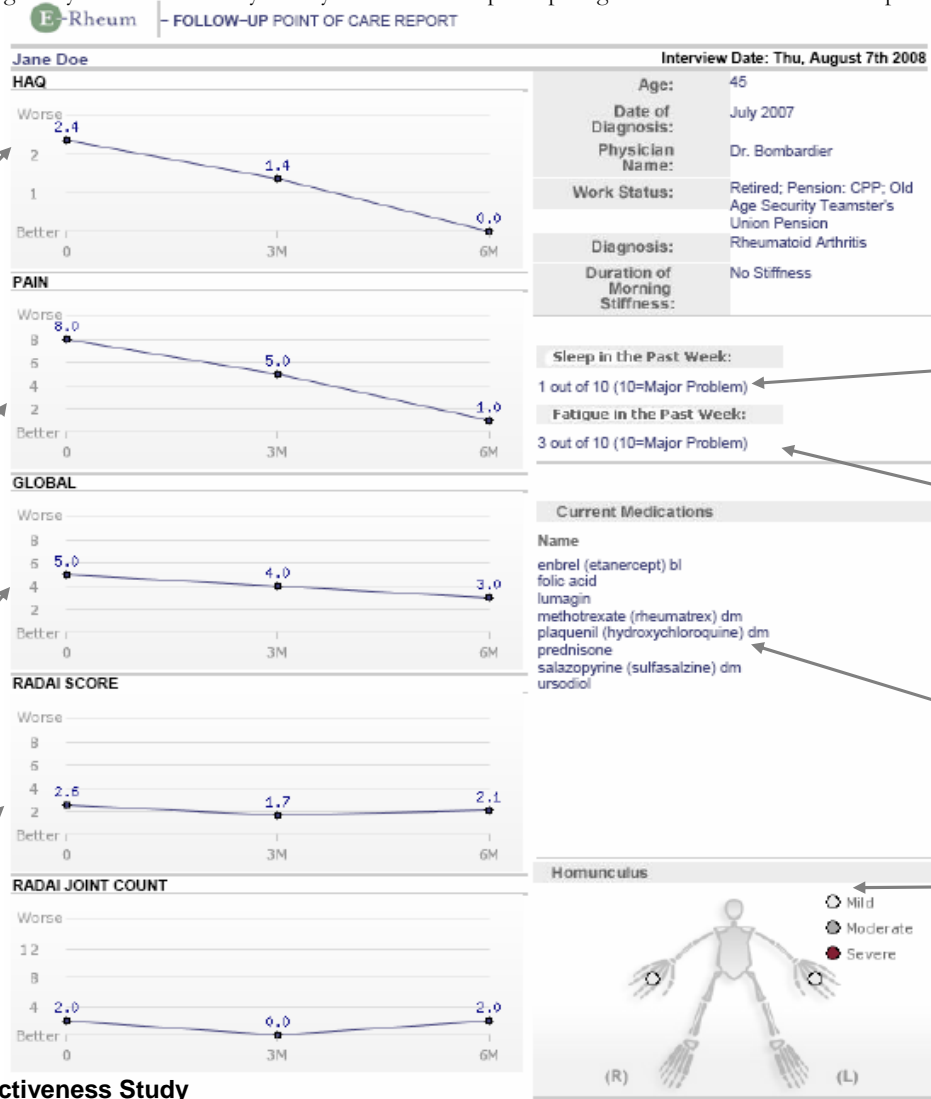
Your Global Score displays your overall disease activity. On a scale of 0 to 10 where the higher your score the more active your disease.

Rheumatoid Arthritis Disease Activity Index (RADAI) Score

Your RADAI Score is a measure of your disease activity. The worse your symptoms (e.g. stiffness and pain), the higher your RADAI score.

.RADAI Joint Count

The number of joints you indicated to be painful.



Information about you that is useful to your Rheumatologist.

Sleeping

Your score displaying how well you have been sleeping over the past week 0 (no problems sleeping) to 10 (major problem sleeping)

Fatigue

Your score from 0 (no problems) to 10 (major problems) that rates your level of fatigue and tiredness over the past week

Medications

A list of medications you indicated that you are currently taking.

Homunculus

This diagram shows the joints you indicated to be painful.