ONTARIO
BIOLOGICS
RESEARCH INITIATIVE

Thank you for participating in Ontario Biologics Research Initiative (OBRI)

Research has shown that a patient's ability to track changes in their disease activity may, in

fact, improve their health. During your participation in OBRI, your telephone interviewer will

summarize the information you provide during each telephone assessment in a Point of Care report.

You and your rheumatologist will receive this follow-up report every 6 months outlining the

changes in your disease activity since you first started participating in OBRI. These reports will help

you and your rheumatologist monitor and track changes in your arthritis and the effect on your

overall health.

In this package you will find:

Point of Care Report Interpretation Guide with an example of a point of care report.

□ Your own Follow-up Point of Care Report

If you have any questions regarding your Point of Care report or about your participation in

OBRI, please do not hesitate to contact your rheumatologist or us directly, using the information

provided below.

Sincerely,

OBRI Team

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Interpreting your Point Of Care Report

This report summarizes the information you provided to your OBRI interviewer at your telephone assessments. This report outlines the changes in your disease activity since your first started participating in OBRI. Each section is explained.

You can now see changes in your health status at different time intervals.

0 = First OBRI Assessment

3M = Score at 3 months after enrolling in OBRI

6M = Score at 6 months after enrolling in OBRI

Health Assessment Questionnaire (HAQ)

The HAQ score is broken down into 8 areas of activity (dressing, arising, eating, walking, hygiene, reach, grip, and common daily activities). The more things you *can do*, the lower your score.

Your HAQDI or HAQ Disability Index is a score that displays how much your arthritis interferes with your ability to do daily activities overall.

Pain Scale

Your Pain Scale displays how affected you are by pain because of your arthritis on a scale of 0 (no pain) to 10 (severe pain)

Global Assessment of Disease Activity

Your Global Score displays your overall disease activity. On a scale of 0 to 10 where the higher your score the more active your disease.

Rheumatoid Arthritis Disease Activity Index (RADAI) Score

Your RADAI Score is a measure of your disease activity. The worse your symptoms (e.g. stiffness and pain), the higher your RADAI score.

.RADAI Joint Count

Ontario Biologics Research Initiative: Safety and Effectiveness Study

Better

ЗΜ

The number of joints you indicated to be painful.

E-Rheum - FOLLOW-UP POINT OF CARE REPORT Jane Doe Interview Date: Thu, August 7th 2008 Information about you that is useful HAQ Age: to your Rheumatologist. Date of July 2007 Diagnosis: Physician Dr. Rombardie Retired; Pension: CPP; Old Work Status: Age Security Teamster's Union Pension Better Rheumatoid Arthritis Diagnosis: ЗΜ 6M Duration of No Stiffness Sleeping PAIN Morning Your score displaying how well you Stiffness have been sleeping over the past Sleep in the Past Week week 0 no problems sleeping) to 10 1 out of 10 (10=Major Problem) (major problem sleeping) Fatigue in the Past Week: Better 3 out of 10 (10=Major Problem) ЗΜ GLOBAL **Fatigue** Current Medications Worse Your score from 0 (no problems) enbrel (etanercept) bl to 10 (major problems) that rates 4.0 folic acid lumagin your level of fatigue and tiredness methotrexate (rheumatrex) dm over the past week plaquenil (hydroxychloroquine) dm ЗΜ prednisone . salazopyrine (sulfasalzine) dm RADAI SCORE ursodiol Medications A list of medications you indicated that you are currently taking. 1.7 Better ЗΜ 6M Homunculus RADAI JOINT COUNT O Mild Homunculus This diagram shows the joints you Moderate Severe indicated to be painful. 0.0

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